










SIDES

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| 25. Vegetable Spring Rolls 2, 12  | 5.00 |
| Crispy spring roll with shredded cabbage, carrots, sweetcorn and sweet chilli sauce. | |
| 26. Chicken Kushiya 2, 9, 11, 12  | 6.00 |
| Grilled chicken skewers served with a peanut satay sauce. | |
| 27. Shredded Chicken 4, 12   | 6.00 |
| Wok-fried crispy chicken with Japanese shichimi spices. <i>*Add Japanese Rice & Sauce 5.00 extra</i> | |
| 28. Crispy Prawns 2, 3, 4, 12 | 7.00 |
| Fresh prawns deep fried in breadcrumbs served with a sweet-sour & hot sauce. | |
| 29. Gyoza 2, 12, 13 | 6.50 |
| Four roasted chicken & vegetable dumplings served with a sesame and soy sauce | |
| 30. Chicken Wings  | 6.00 |
| Choice of salt & chilli or wok-fried in mango tamarind sauce. | |
| 31. Steamed Japanese Rice   2.50 | |
| 32. Stir Fried Noodles 2, 4, 12, 13 5.00 | |
| 33. Stir Fried Vegetables 12   5.00 | |
| 34. Prawn Crackers 3 1.80 | |
| 35. Portion of Sauce 2.50 | |

TEA & COFFEE

Americano	2.50	Beverages	2.00
Latte	3.00	Orange / Apple Juice	2.00
Cappucino	3.00	Still Water	2.00
Tea	2.50	Sparkling Water	2.00

WHITE WINES

	Glass / Bottle
Sauvignon Blanc	6.00 / 19.00
Pinot Grigio	6.00 / 19.00

RED WINES

	Glass / Bottle
Merlot	6.00 / 19.00
Cabernet Sauvignon	6.00 / 19.00

BEER

Tiger	6.00
Singha	6.00
Asahi	6.00

At Soba, we are delighted to bring you a new experience of the finest Asian dishes, including the most popular noodle dishes from different Asian countries and a completely new taste for noodle lovers!

We pride ourselves on using fresh Irish meat, source the best quality vegetables and prepare our own homemade sauces for your enjoyment. We use no MSG in any of our dishes, striving to provide the healthiest food we possibly can.

Our aim is to give the customer an excellent experience, whether dining in or purchasing takeaway. Making the customer happy is our number one priority!

Glanmire Branch

6A Hazelwood Centre
Riverstown Glanmire, Cork
Tel: 021 482 2737
Mon - Sun 1:00pm - 10:00pm
Delivery 5:00pm - 10:00pm

Midleton Branch

8 Mill Road Midleton, Cork
Tel: 021 463 3170
Mon - Sun 4:00pm - 10:00pm
Delivery 5:00pm - 10:00pm
*Closed on Tuesday


City Centre Branch

8 Carey's Lane, Cork
Tel: 021 427 4317
Mon - Sun 12:00pm - 10:00pm
 deliveroo 12:00pm - 10:00pm

Blackpool Branch

Unit 3 Blackpool Retail Park
Blackpool, Cork
Tel: 021 422 1122
021 428 8666
Mon - Sun 12:00pm - 10:00pm
Delivery 5:00pm - 10:00pm

Limerick Branch

15 Upper William Street, Limerick
Tel: 061 317113
Mon - Sun 12:00pm - 10:00pm
 deliveroo 12:00pm - 10:00pm

 <http://www.soba.ie>

 info@soba.ie



 SOBA GLANMIRE

 SOBA BLACKPOOL

 SOBA LIMERICK

 SOBA MIDLETON

 SOBA EXPRESS

NOODLES











VEGETARIAN
(OR VEGETARIAN OPTION)



GLUTEN
FREE







1. **Pad Thai** 4, 5, 11, 12, 13    12.90
Flat noodles with chicken, prawns or tofu & veg, egg, spring onions, beansprouts, carrots and tamarind sauce. Garnished with peanuts, coriander and lime.
2. **Singapore Rice Noodles** 4, 9, 12   12.90
Rice noodles with chicken, egg, beansprouts, onions, peppers, green beans and chilli paste.
3. **Yaki Udon** 2, 4, 11, 13 11.90
Thick udon noodles with chicken, egg, beansprouts, peppers, courgettes, onions, spring onions and amai sauce. Garnished with peanuts, coriander and lime.
4. **Yaki Soba** 2, 4, 12, 13  12.90
Organic Soba noodles with chicken, prawns or tofu & veg, egg, beansprouts, peppers, onions, spring onions and soba sauce. Garnished with sesame seeds.
5. **Teriyaki Ramen** 2, 4, 12, 13  14.90
Grilled salmon or steak on a bed of wok-fried ramen noodles with curry oil, beansprouts, egg, onions, red chillies with teriyaki sauce. Garnished with coriander and sesame seeds.
6. **Mee Goreng** 2, 3, 4, 12, 13  12.90
Egg noodles with chicken, egg, onions, peppers, carrots, beansprouts, spring onions, chillies wok fried in a brown chilli sauce.


*Allergies Note:

1. Celery	4. Eggs	7. Milk	10. Nuts	13. Soya
2. Gluten	5. Fish	8. Molluscs	11. Peanuts	14. Sulphur
3. Crustaceans	6. Lupin	9. Mustard	12. Sesame	Dioxide

SOUPS

7. **Miso Soup** 2, 12, 13  6.00
A light soup flavoured with white miso paste, vegetables & tofu.
8. **Red Tom Kha Gai** 3, 5, 7    6.50
Thai style hot & red coconut soup with your choice of vegetables, prawns or chicken.











RICE

9. **Chicken + Prawn Cha Han** 3, 4, 9, 12  11.90
Stir-fried with chicken, prawns, egg, sweetcorn, mangetout and chilli paste.
10. **Chicken Cha Han** 2, 4, 12, 13 11.90
Stir-fried with chicken, courgette, sweetcorn, mangetout, egg, carrots and tamarind flavour.

CURRIES








Each of our curries is available with your choice of chicken, beef, prawns or tofu & vegetables

*All these dishes are served with a side of steamed Japanese rice.

11. **Thai Red Curry** 3, 5, 7    12.90
Mild Curry with coconut milk, mangetout, onions, carrots and peppers.
12. **Thai Green Curry** 3, 5, 7    12.90
A rich spicy curry with coconut milk, mangetout, onions, carrots and peppers.
13. **Malaysia Curry** 2  11.90
Smooth traditional curry with coconut milk, courgettes, onions and carrots.
14. **Tikka Massala** 7    12.90
Onions, potatoes, coriander, cream, butter, yogurt and mix ground spices.

WOK FRIED

*All these dishes are served with a side of steamed Japanese rice.

15. **Spicy Chicken** 2, 12, 13  12.90
Wok fried chicken breast with peppers, carrots, onions, spring onions in hot spicy sauce.
16. **Satay Chicken** 2, 11  12.90
Chicken breast cooked with onions, carrots, peppers and courgettes in a peanut sauce.
17. **Teriyaki Stir Fried** 2, 12, 13  12.90
Choice of prawns, chicken or tofu with onions, green beans, peppers, carrots, courgettes, mangetout, pak choi cooked in teriyaki sauce.
18. **Blackbean Stir Fried** 2, 12, 13  12.90
Choice of chicken or beef with onions, carrots, peppers, green beans in a sweet hot bean sauce.
19. **Sweet & Sour Chicken** 4, 12  11.90
Chicken in light batter with pineapple, carrots and cucumber cooked in home made sauce.
20. **Yakitori Roast Duck** 2, 12, 13 14.90
Roast duck with steamed pok choi, green beans tossed in Japanese yakitori sauce. Garnished with coriander and sesame seeds.
21. **Sweet Chilli Chicken** 4, 12   12.90
Finely shredded chicken in a light batter tossed with sweet chilli dressing and crunchy vegetables

KIDS DISHES

22. **Mini Chicken Cha Han** 2, 4, 12, 13 6.50
Stir fried with chicken, vegetables, egg and Japanese rice.
23. **Mini Udon** 2, 4, 12, 13 6.50
Wok fried udon noodles with chicken, egg and vegetables.
24. **Crispy Breadcrumbed Chicken** 2, 4, 12 6.50
Fresh chicken breast deep fried in breadcrumbs, with Japanese rice and carrots, cucumber, sweetcorn and curry sauce.